



TRIBE  
ATHLETICS

2020-2021 Full Season Competition  
Cheer Team Handbook

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## 2020-2021 FULL SEASON COMPETITION CHEER TEAM INFORMATION PACKET

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Welcome to TRIBE ATHLETICS! We are so excited you have chosen to be a part of our family and our Tribe! If you're a returning family, we're so happy to have you back. If you're new to our gym, we can't wait for you to feel our communication and our tenured expertise and experience in cheer and business. We will adhere to the following mission statement as we grow the TRIBE:

At Tribe Athletics our goal and mission is for every athlete that comes to our program to be taught, trained, and developed to become a better athlete and competitor as well as a better person. At Tribe Athletics, we know how important it is to have core values. Our core values will be followed and represented by the owners, the staff, the parents, and the athletes:

1. INTEGRITY - the choice to tell the truth, keep our word, and be 100% responsible and consequent in all our matters
2. CANDOR - the ability to create conscious feedback and enriched dialogue between all Tribe members
3. HONESTY - the importance of being fair and genuine by honoring our principles and intentions through our actions

We will accomplish all of our goals and growth through our mission statement and our core values.

WELCOME TO OUR TRIBE!

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### MONTHLY TUITION, FEES, AND COSTS:

We accept cash, checks, and all major credit cards. Cash and check payments must be paid prior to the end of the month or tuition will be automatically charged to your required card on file, no exceptions. Additional fees will be split as per our full-year calendar in addition to the regular monthly tuition.

**TUITION:** May 2020 – April 2021: \$110 per month, auto-deducted on the first of each month.

### Tuition Includes:

- Two squad practices (2 hours each) per week and one tumbling class (one hour) per week.

### Additional Fees Include:

- Annual gym insurance fee “Anniversary Fee” (\$50) - This fee will be paid in May; if your athlete’s anniversary date does not fall in May, paid 1st of the month of your athlete’s anniversary date with Tribe.
- USASF Membership fee (\$30) - **\*NEW\* PAID DIRECTLY TO USASF DURING CHOREOGRAPHY WEEK**
- Mandatory Apparel Fees (\$605, split into two payments). Includes:
  - Mandatory Uniform and Competition Bow - 2020-2021 Season is YEAR 1 of 2 for this uniform.
  - Mandatory practice wear
- Warm-Up Jacket (\$125 - not required if previously have purchased AND still fits)
- Backpack (\$60 - not required if previously purchased AND still have in good condition)
- Shoes (\$90 - not required if previously have purchased) They MUST have GK Fusion or Nfinity Vengeance
- Choreography and Music Fees (\$300)
- Competition & Coaches Fees
  - Junior/Senior Teams (\$1400)
  - Mini/Youth (\$1200)

Additional classes and items can be added on for an additional fee to the existing tuition package.

- Extra practice wear
- Specialty Classes – Flexibility Class, Flight Class, JUMP Class, COED Stunt Class, etc.
- Additional Tumbling classes

Please call or email the office with financial questions, as your team coach won’t be able to advise you on your account. In the event of a delinquent account, the TRIBE office will notify you immediately and we will require a check for the amount delinquent, in addition to the next month’s payment, due immediately – no exceptions. There will be no refunds made to anyone who is asked to leave the program or that quits a team.



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<u>MONTH</u>	<u>FEES DUE</u>
MAY 1st, 2020	TUITION - \$110  SHOES - \$90 - ONLY new athletes or athletes needing new shoes will see this fee
JUNE 1st, 2020	TUITION - \$110  APPAREL FEE #1 & ANNUAL FEE - \$355 (\$305/\$50) - if athlete anniversary month is not May, \$50 will be billed during their anniversary month)
JULY 1st, 2020	TUITION - \$110  APPAREL FEE # 2 - \$300 USASF MEMBERSHIP ( <b>PAID DIRECTLY TO USASF DURING CHOREOGRAPHY WEEK</b> ) - \$30
AUGUST 1st, 2020	TUITION - \$110  CHOREO & MUSIC FEE - \$300 JACKET/BAG - \$185 (\$125/\$60) - ONLY new athletes or athletes needing new jacket/bag will see those fees.
SEPTEMBER 1st, 2020	TUITION - \$110  C&C Fee #1 - \$320
OCTOBER 1st, 2020	TUITION - \$110  C&C Fee #2 = \$320
NOVEMBER 1st, 2020	TUITION - \$110  C&C Fee #3 - \$320
DECEMBER 1st, 2020	TUITION - \$110  C&C Fee #4 - \$240 (Mini/Youth Teams) C&C Fee #4 - \$320 (Junior/Senior Teams)
JANUARY 1st	TUITION - \$110/Month  C&C Fee #5 - \$120 (Junior/Senior Teams ONLY)
FEBRUARY 1st, MARCH 1st, APRIL 1st, 2021	TUITION - \$110/Month



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### DATES TO REMEMBER FOR THE 2020-2021 SEASON:

- TBA: Fourth Annual Festival of Feathers Awards Banquet
- May 1st-May 17th, 2020: UNLIMITED classes for all full-year team members for 2020-2021 Season
- May 2nd, 2020: Registration Day 10AM-3PM
- May 3rd, 2020: Registration Day 1PM-4PM
- May 9th, 2020: Backup Registration Day 10AM-3PM
- May 10th, 2020: Closed for Mother's Day
- May 11th, 2020: NEW TEAMS ANNOUNCED via Email by 7PM
- May 18th, 2020: TEAM PRACTICES BEGIN
- May 22nd-25th, 2020: Closed Memorial Day Weekend
  
- June 21st, 2020: Closed for Father's Day
  
- July 1st - July 7th, 2020: Closed for Summer Break (Wednesday - Tuesday)
- July 13th - July 18th, 2020: Mandatory Choreography Camp
- July 18th, 2020: ALL TEAMS Mandatory Stunt Camp Day
- July 18th, 2020: Tailgate at Tribe (during and immediately following Stunt Camp Day)
  
- August 12th, 2020: Iowa State Fair Parade
- August 29th, 2020: PREP TEAM REGISTRATION DAY
  
- September 4th - September 7th, 2020: Closed for Labor Day Weekend
  
- October 11th, 2020: 5th Annual POWWOW and Picture Day
  
- November 22nd - November 28th, 2020: Closed for Thanksgiving Break - TRIBE TEAMS WILL practice on Sunday, November 29th.
  
- December 23rd, 2020 - January 2nd, 2021: Closed for Winter Break
  
- March 14th-March 20th, 2021: Closed for Spring Break
  
- April 4th, 2021: Closed for Easter Sunday
- TENTATIVE April 2021: 5th Annual Festival of Feathers Awards Banquet
- TBD 2021: Potential Worlds and Summit



## 2020-2021 FULL SEASON COMPETITION CHEER TEAM INFORMATION PACKET

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### Practices and Skill Policies:

- Each team will have five mandatory hours of practice per week. Two, two-hour team practices and one, one-hour tumbling class.
- Each team will practice during two, two-hour practices per week. In the event of inclement weather, the Tribe Staff will do our best to reschedule the practice. During holiday closures, or if practices cannot be rescheduled, no refund of tuition will be given. On weekdays, any closures will be announced no later than 4PM. On Sundays, any closures will be announced no later than 12PM.
- Athletes will receive practice wear as well as a practice wear schedule. It is the responsibility of the athlete and parents to ensure they wear the correct practice items. Similar to athletes of teams worldwide in almost every sporting event, it is important for the team to look the same and feel like a team. In the event that an athlete loses a piece of their practice wear, you will be required to replace the item immediately.
- Policy Regarding Maintaining Skills
  - Athletes are expected to maintain the skills that placed them onto their team and level.
  - We understand that athletes will have struggles with skills and this is part of the learning process. To keep our teams competitive and our athletes safe and progressing, we will adhere to the following policy:
    - If an athlete loses a skill thrown at evaluations/placements, there will be communication directly from the coach to the parent/family/and Tribe Office immediately.
    - Athlete will be required immediately to take their one required tumbling class PLUS at least one private lesson per week with one of their team coaches until the skill is regained.
    - If after 30 days, the athlete is not completing the skill, Tribe will determine if it is in the best interest of the athlete and the team to move them to a different team.



## 2020-2021 FULL SEASON COMPETITION CHEER TEAM INFORMATION PACKET

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### Attendance Policy:

- We understand that you have families and many of you enjoy spending time away on vacation or for holidays, and we want to ensure you can do that! To similarly ensure the progress and success of our teams, we will use the following guidelines for attendance and absences:
  - ABSENCES SHOULD BE ADDRESSED AHEAD OF TIME, never the day of. Please try to plan your vacations during our scheduled closing dates. In the event that your athlete will miss for a vacation, school event, etc., please email the office in advance so we can pass that information onto the team coaches.
  - Missing for events like birthday parties or “family in town” is not advisable – thank you in advance for helping us teach your athlete the importance of commitment
  - Absences will be limited to the following:
    - Up to **four** absences between May 18 – August 31
    - Up to **four** absences between September 1 – April 30
    - If an athlete misses more than 45 minutes of a practice, it will count as one HALF absence. It is important that athletes are on time for each practice and competition.
  - In the event that an athlete misses more than the allotted excused absences, the athlete will be removed from their team(s).
- Although absences from tumbling class will not directly add onto the allowed absences listed above, tumbling class is required and expected. Each team will have its own policy communicated to the athletes and parents regarding the consequence of missed tumbling class.
- **The 2 practices the week prior to a competition are 100% mandatory. Athletes not in attendance will be removed from the routine for that competition. The only exceptions are as follows:**
  - **Funeral with documentation**
  - **Athlete hospitalization with proper documentation**
  - **Required school event with at least 1 month notice**





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### COMMUNICATION PROTOCOL:

Communication is extremely important to us. The following communication from the Tribe office will be regular and it is important that you read all details:

- Team Facebook Groups
- Weekly "Vibes of the Week" email blast, sent every Monday (not holidays)
- Website, updated weekly
  
- COMPETITION WEEK
  - Initial itinerary will typically be emailed by Tuesday of the competition week
  - Final itinerary will typically be emailed on Friday of the competition week
  - Any schedule changes after the final itinerary is sent will be announced via Facebook groups

It is our top priority to give you the fastest communication possible. Please communicate in the following manner to ensure you receive quick, effective communication from our staff and our office.

1. Team Coach/Staff
  - Any items regarding practice or class
  - Any questions about athlete-specific progress and updates
  - Information regarding an athlete being late for practice
2. Tribe Office/Kenzie
  - Any team issues not first resolved by the team coach/class staff. We will direct any team and class related questions to the coach first.
  - Information regarding absences and questions regarding make-up classes
  - Questions regarding the parent portal - class registration, charges, etc.
  - Questions regarding competition details, schedules, and hotels
  - Any other administrative question or question not first resolved by the Team Coach or Class staff
3. Zach/Dan
  - Any issues not first resolved by Kenzie/Tribe Office Staff
  - Any questions regarding late payments, billing or financial policies that cannot first be resolved by the Tribe office.
  - Any problems with a member of the Tribe staff not first resolved by speaking directly with the staff member

Please allow at least 24 hours for a reply and respect that our coaching staff and office staff have families and lives. Please call, text, and email during normal hours (8am-7pm).



## **2020-2021 FULL SEASON COMPETITION CHEER TEAM INFORMATION PACKET**

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### **COMPETITION POLICIES:**

We will discuss these items more as the competition season approaches, but please understand that all athletes are required to be at ALL TRIBE TEAM PERFORMANCES. The vibe of the Tribe gym every time an athlete walks on the floor in their uniform is huge to us. Thanks for helping make our competition day atmosphere like no other!

Please ensure that athletes are on time and fully ready at their team meet time. Hair and make-up details will be sent before the POWWOW showcase in October. Athletes with improper hair or make-up will be required to fix it prior to competing. Athletes must have their Tribe Backpack and Tribe Warm-Up Jacket at each competition to unify our group and impact our presence in each arena.

NO JEWELRY is allowed at competitions as per USASF guidelines. Athletes will be required to remove all jewelry prior to warm up. Please note this for timing if getting new piercings, etc.

FINGERNAILS must be trimmed to a safe length. Long nails, whether real or fake, will not be allowed due to the safety issues it causes for the athlete and other athletes on the floor. Coaches will trim nails if necessary to keep athletes safe.

It is the responsibility of each family to book their own hotels and travel for any out of town competitions. The Tribe Office will send out hotel information for all competitions by mid-Summer (earlier if we are able). Room blocks will fill, so please book immediately.

At the competition, the first priority for the athlete and the family of the athlete is that we are there to compete and there for our team. Please wait to make plans with family/friends until you have a final schedule. Also note that teams will do team dinner sometimes as a fun way to bond and grow together.

**\*\*\*Please block off the FULL DAYS of the competition. Plan on each competition taking the entire day from approximately 7AM-10PM as we do not receive schedules of performance times until the week before the events in most cases.\*\*\***



## **2020-2021 FULL SEASON COMPETITION CHEER TEAM INFORMATION PACKET**

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### **2020-2021 COMPETITION SCHEDULE**

ALL COMPETITIONS ARE **REQUIRED** (FOR RESPECTIVE TEAMS GOING TO EACH COMPETITION). **NO EXCEPTIONS.** CHEERLEADING IS VERY MUCH A TEAM SPORT, AND IF ONE MEMBER IS ABSENT THE ENTIRE TEAM LOSES OUT ON THEIR HOURS OF PRACTICE TIME. PLEASE NOTE **SCHEDULE IS SUBJECT TO CHANGE** AND WE WILL NOTIFY YOU AS SOON AS WE ARE MADE AWARE OF ANY CHANGES.

**THIS YEAR WE WILL BE TAKING A DEEPER LOOK INTO TEAM PROGRESS THROUGH THE FIRST MONTHS OF PRACTICE, TRAVEL, WORLDS AND SUMMIT BIDS, AND ITEMS LIKE STAY-TO-PLAY HOTELS. THESE ITEMS ARE NOT RELEASED UNTIL MID-SUMMER. 2020-2021 COMPETITION SCHEDULE WILL BE RELEASED PRIOR TO CHOREOGRAPHY CAMP IN JULY.**